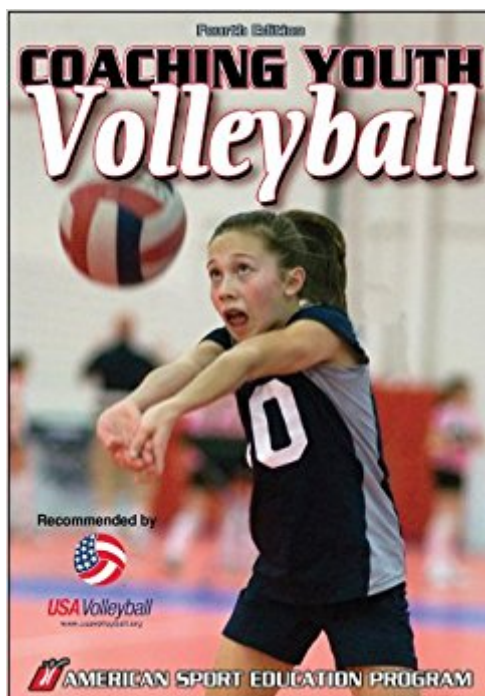


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# Coaching Youth Volleyball - 4th Edition (Coaching Youth Sports)



## Synopsis

Fun, safety, and effective instruction are the focus of the fourth edition of Coaching Youth Volleyball, helping you create an environment that promotes learning, cultivates a love of the game, and motivates your athletes to come out year after year. Numerous coaching books present the skills and drills of volleyball. But here's a book that teaches you how to convey those skills to your athletes in an engaging and positive manner. Coaching Youth Volleyball's focus on teaching volleyball skills through gamelike drills sets it apart from the current lineup of volleyball coaching books. And it's the only one recommended by and written with the expertise of USA Volleyball's Coaching Education Department. Ideal for coaches of players aged 14 and under, the fourth edition includes 18 drills and 32 coaching tips that are sure to jump-start your practices. This new edition also adds two new chapters on coaching individual volleyball skills and coaching the transitions and alignments of the game; -important age-group modifications regarding ball size, net height, player positions, and court dimensions for three age groups (6 to 9-year-olds, 10 to 11-year-olds, and 12 to 14-year-olds) and for team play in 2v2, 3v3, 4v4, or 6v6 competition; -court diagrams to help you quickly and accurately construct your own age-appropriate court, and -a clear explanation of rules and procedures, including the capabilities and limits of the new libero position. Coaching Youth Volleyball's combination of volleyball fundamentals and essential coaching skills -such as communicating with parents and officials, motivating players, and preparing for games and practices -makes this book a must-read as you prepare to meet the challenges and enjoy the rewards of coaching young athletes.

## Book Information

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## Customer Reviews

Junior volleyball for both boys and girls is one of the fastest growing sports in the U.S.--and sure to grow even more given the additional interest generated by this summer's Olympics. The American Sport Education Program has consistently provided helpful guides for youth-league coaches, and this second edition of its volleyball text is no exception. Geared to those coaching 6-to-14-year-olds, the guide includes a discussion of the rules, a review of court sizes based on age, and a catalog of the skills needed to achieve a modest level of success. The book also features drills useful in mastering those skills and tips on game strategy and preparation. Despite the excellent nuts-and-bolts instruction, though, the most important part of the book may well be the reminder that one's motivation to coach at this level should be the desire to teach, not to win. Wes Lukowsky --This text refers to the Digital edition.

"This is a great book for coaches of beginning to intermediate players of all ages. The 'athletes first, winning second' coaching philosophy applies to all competitive levels, and especially to kids who are learning the game." Ruben Nieves Head coach, men's volleyball Stanford University --This text refers to the Digital edition.

I give these out to new coaches in my club as my mentor did when I first started coaching. Great stuff.

The chapters are laid out nicely and the flow of the book is good. The basics of volleyball are covered from serving, hitting, passing to transitions. It was a nice refresher. It covers the basics with not very much detail.

I'm a varsity coach, so stepping back and teaching youth wanted to get a refresher course as we set up our youth program. This book is a big help, though for the experienced coach I would assume they know most of it but could use it as a refresher as well. Beginner coaches it would be great, especially for middle school level and below levels.

Fine. Very good transport state. Just in time. I love it! Thank you.

Just what our granddaughter wanted because she is coaching middle school girls volleyball.

If you have never coached a youth team this could be a good book about coaching in general ... but is not very helpful with targeting volleyball skills, drills, techniques. Disappointed in my purchase.

The book arrived on time and in good condition. However, the information was not exactly what I was looking for.

Book in excellent condition, took a few weeks to receive. Book is great for those interested in "remembering" how to play volleyball and how to help coach their own children or a team. Good foundation basic information. Helped my daughter with her serves. Would buy again.

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